



EVENT PLAN

The Grinch Who Stole Gymnastics

Sunday 8th December

Flic Flac, Chorley, PR7 5LP



TABLE OF CONTENTS

Venue Information

Directions
Car Parking
Venue Entrance
Food and Drink Facilities
Recommended Hotels

Spectator Tickets

Gymnast and Competition Officials
Spectator Ticket Allocation

Health & Safety

Equipment Safety
First Aiders and Welfare Officers

Coaches Accreditation

Coaching Registration

Scores and Results

Running Order
Results & Final Scores

Media Information

IGA Information
Event Sponsors

Event Timings

Registration and full event timings
Judging Officials

VENUE INFORMATION

Directions

Flic Flac Gymnastics Centre, Charnock Richard, Lancashire PR7 5LP

Car Parking

Free parking is available at Flic Flac. We do advise all attendee's to ensure they are parking appropriately. Failure to do so may limit spaces for others.

Venue Entrance

Please use the side entrance at Flic Flac, Doors open at registration and will close until the next round registration has opened. Please do not enter until Registration has opened.

Food and Drink

Flic Flac supplies food and drink at their Cafe. Please ensure Food & Drink is not given to participants during the event, and not taken onto the competition floor.

Recommended Accommodation

The Ramada Hotel Welcome Break Charnock Richard (Chorley South)

SPECTATOR TICKETS

Gymnasts and Competition Officials

Those accredited at the Event do not require a spectator ticket for this event.

Spectator Ticket Allocation

This venue holds 150 spaces of spectator seating. Tickets will be available to purchase 14 days prior to this event at www.ticketsource.co.uk/independentgymnastics. Due to health and safety once this event is sold out, you will be added to a wait list. Spectators must remain in the allocated seating.

HEALTH AND SAFETY

Equipment Safety

All equipment will be checked by our competition organiser and officials before the event.

First Aider & Welfare Officer

IGA prioritise the safety and well-being of its members and will provide First Aiders and a Welfare Officer for all IGA events. If you or anyone have any safeguarding concerns, you can email our team directly: safeguarding@igauk.com



GYMNAST REGISTRATION

Registration

We kindly request that all coaches and gymnasts arrive on time to each Round ensuring an efficient day. Please check the time schedule in this Event Plan for locations and timings. If for any reason the event will be delayed, we will notify all members via our social media pages.

SCORING AND RESULTS

Running Order

The final running order will be emailed to the clubs before being posted online.

Results & Final Scores

All competition scores will be uploaded to our website, 48 hours after the event:

<https://www.independentgymnastics.com/programmes-results/>

MEDIA INFORMATION

IGA Media Information

Our marketing team may be in attendance and will be launching live streams and social content. Whilst efforts will be made to respect the privacy preferences of individuals, it may not be possible to accommodate everyone's preferences.

Spectators are able to take photography or film, However these cannot be sold for commercial use and must not use flash photography at any IGA Event.

EVENT TIMETABLE

SUNDAY	ROUND 1	ROUND 2	LOCATION
REGISTRATION OPENS REGISTRATION CLOSES	8:00am 8:15am	11:30am 11:45am	Warm up Gym
TECHNICAL BRIEFING	8:10am	x	Warm up Gym
JUDGES MEETING	8:10am	x	Competition Gym
GENERAL WARM UP	8 - 8:25am	11:30-11:50am	Warm up Gym
MARCH ON	8:25am	11:50am	Competition Gym
WARM UP & COMPETE	8:30am	11:55am	Please check warm up details
END OF ROUND	10:45am	2:30pm	Competition Gym
PRESENTATION	11am	2:45pm	Competition Gym

APPARATUS ROTATIONS

ROUND 1	VAULT	BARS	BEAM	FLOOR
ROTATION 1	GROUP 1	GROUP 2	GROUP 3	GROUP 4
ROTATION 2	GROUP 4	GROUP 1	GROUP 2	GROUP 3
ROTATION 3	GROUP 3	GROUP 4	GROUP 1	GROUP 2
ROTATION 4	GROUP 2	GROUP 3	GROUP 4	GROUP 1

ROUND 2	VAULT	BARS	BEAM	FLOOR	REST
ROTATION 1	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5
ROTATION 2	GROUP 5	GROUP 1	GROUP 2	GROUP 3	GROUP 4
ROTATION 3	GROUP 4	GROUP 5	GROUP 1	GROUP 2	GROUP 3
ROTATION 4	GROUP 3	GROUP 4	GROUP 5	GROUP 1	GROUP 2
ROTATION 5	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 1



WARM UP INFORMATION

6 x minute maximum warm up for Floor, Bars and Vault - Then warm up and compete, starting with panel A.

Beam will be USA style warm up with gymnasts having 1 minute timed warm ups.

WITHDRAWALS

Please note Gymnasts with this blue line over their names have withdrawn from this event.



JUDGING OFFICIALS

Round 1 & 2

PANEL A			
FLOOR	VAULT	BARS	BEAM
Kelly Clarke	Barry Snape	Chris Adams	Zoe Harvey

PANEL B			
FLOOR	VAULT	BARS	BEAM
Sophie Kerr	Lily Rees	Chris Adams	Louise Moore



ROUND ONE

Starting on Vault

GROUP 1											
PANEL A						PANEL B					
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL	CATEGORY
1	Marnie	Hague	Blackpool	10	Mini Marvels	38	Briony	Spiers	Blackpool	8	TrailBlazers
2	Eva	Dust	Blackpool	10	Mini Marvels	39	Eleni	Cox	Blackpool	8	TrailBlazers
3	Violet	Taylor	Blackpool	10	Mini Marvels	40	Maggie	Dale	Blackpool	8	TrailBlazers
4	Iona	Henderson	Blackpool	10	Mini Marvels	41	Imogen	Bryne	Blackpool	8	TrailBlazers
5	Pearl	Hackett	Blackpool	10	Mini Marvels	42	Amelie	Holt	Trafford	8	TrailBlazers
6	Harper Rose	Hughes	Blackpool	10	Mini Marvels						

Starting on Bars

GROUP 2											
PANEL A						PANEL B					
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL	CATEGORY
13	Isla	Smith	TumbleBugs	10	Little Leapers	43	Isabelle	Mottram	Border Counties	8	TrailBlazers
14	Evelyn	Hartley	TumbleBugs	10	Little Leapers	44	Matilda	Oliver	Border Counties	8	TrailBlazers
15	Scarlett	Wright	TumbleBugs	10	Little Leapers	45	Eva	Langridge	Tumble Bugs	8	TrailBlazers
16	Amelie	Caroll	Macclesfield	10	Little Leapers	46	Freya-Rose	Massey	Tumble Bugs	8	TrailBlazers
17	Peggy	Cantrell	Macclesfield	10	Little Leapers	28	Aria	Noakes	Tumble Bugs	8	Little Leaper
18	Meredith	Brocklehurst	Macclesfield	10	Little Leapers	29	Freya	Hobbs	Tumble bugs	8	Little Leaper
19	Willow	Hughes	Macclesfield	10	Little Leapers	30	Lyra	Stevenson	Macclesfield	8	Little Leaper

Starting on Beam/P.Bars

GROUP 3											
PANEL A						PANEL B					
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL	CATEGORY
20	Ella	Harper	Blackpool	10	Little Leapers	47	Leila	Verbickaite	Tumble bugs	8	Mini Marvels
21	Skye	Barber	Blackpool	10	Little Leapers	48	Harper	Thomas	Border Counties	7	Skill Seekers
22	Everlea	Bell	Blackpool	10	Little Leapers	49	Freya	Ellis	Blackpool	7	Skill Seekers
23	Adelaide	Adams	Blackpool	10	Little Leapers						
24	Ruby	Clemas	Blackpool	10	Little Leapers	50	Aiden	Mutema	Blackpool	7	Skill Seekers
25	Matilda	Hayhurst	Blackpool	10	Little Leapers						
26	Marths	Watson	Blackpool	10	Little Leapers						
27	Lexie	Chapman	Blackpool	10	Little Leapers						

Starting on Floor

GROUP 4											
PANEL A						PANEL B					
NO.	NAME		CLUB	LEVEL	CATEGORY	NO.	NAME		CLUB	LEVEL	CATEGORY
7	Mia	Cullen	Tumble Bugs	10	Mini Marvels	31	Freya	Draper	Border Counties	8	Little Leaper
8	Myla	Price	Tumble Bugs	10	Mini Marvels	32	Nancy	Graham	Border Counties	8	Little Leaper
9	Evie	Dagg	Wandsworth	10	Mini Marvels	33	Ivy	Parkes	Border Counties	8	Little Leaper
10	Beatrice	Williams	Wandsworth	10	Mini Marvels	34	Sophia	Smith	Border Counties	8	Little Leaper
11	Stevie	Watt	Tumble Bugs	10	Mini Marvels	35	Orlaith	Mclaughlin	Trafford	8	Little Leaper
						36	Sienna	Steele-Jones	Trafford	8	Little Leaper
12	Miles	Fagborun-Bennett	Wandsworth	10	Mini Marvels	37	Susie	Coupes	Trafford	8	Little Leaper



ROUND TWO

Starting on Vault

GROUP 1											
PANEL A					PANEL B						
NO.	NAME	CLUB	LEVEL	CATEGORY	NO.	NAME	CLUB	LEVEL	CATEGORY		
51	Valencia	Kirszanek	Blackpool	10	Skill Seekers	104	Bella	Jepson	Macclesfield	7	TrailBlazers
52	Maddison	Revell	Tumble Bugs	10	Skill Seekers	105	Livvie	Reid	Macclesfield	7	TrailBlazers
53	Zuzanna	Golebiewska	Tumble Bugs	10	Skill Seekers	106	Freya	Yates	Macclesfield	7	TrailBlazers
54	Gabriella	Woodhead	Tumble Bugs	10	Skill Seekers	107	Naamah	Riley	Macclesfield	7	TrailBlazers
55	Eleni	Worthington	Macclesfield	10	Skill Seekers	108	Emmie	Jones	Macclesfield	7	TrailBlazers
56	Nikola	Kamas	Tumble Bugs	10	TrailBlazers	109	Isabelle	Frost	Macclesfield	7	TrailBlazers
57	Sophia	Pickering	Tumble Bugs	10	TrailBlazers	110	Rosie	Ackerley	Macclesfield	7	Pioneers
58	Loren	Kelly	Tumble Bugs	10	TrailBlazers						

Starting on Bars

GROUP 2											
PANEL A					PANEL B						
NO.	NAME	CLUB	LEVEL	CATEGORY	NO.	NAME	CLUB	LEVEL	CATEGORY		
59	Charlotte	Oliver	Border Counties	9	Little Leaper	86	Lottie	Schofield	Border Counties	8	Skill Seekers
60	Ebony	Lawrence	Border Counties	9	Little Leaper	87	Ariella	Allen	Border Counties	8	Skill Seekers
61	Lilly	Leigh	Border Counties	9	Little Leaper	88	Elodie	Anstis-Smith	Border Counties	8	Skill Seekers
62	Elsie	Thompstone	Border Counties	9	Little Leaper	89	Penny	Woosnam	Border Counties	8	Skill Seekers
63	Clara	Cox	Border Counties	9	Little Leaper	90	Bonnie	McGivern	Border Counties	8	Skill Seekers
64	Maisie	Ellis	Border Counties	9	Little Leaper	91	Maisey	Sealy	Tumble Bugs	8	Skill Seekers
65	Ebony	Lawrence	Border Counties	9	Little Leaper	92	Ava	Thomley	Tumble Bugs	8	Skill Seekers

Starting on Beam/P.Bars

GROUP 3											
PANEL A					PANEL B						
NO.	NAME	CLUB	LEVEL	CATEGORY	NO.	NAME	CLUB	LEVEL	CATEGORY		
73	Layla	Hague	Blackpool	9	Skill Seekers	93	Bonnie	Harding	Trafford	8	Skill Seekers
74	Alice	Pilling	Blackpool	9	Skill Seekers	94	Lumen	Daniels	Wandsworth	8	Skill Seekers
75	Zariah	Wint	Wandsworth	9	Skill Seekers	95	Amelia	Watson	Wandsworth	8	Skill Seekers
76	Ivy	Ellis	Wandsworth	9	Skill Seekers	96	Isla	Hawes	Wandsworth	8	Skill Seekers
77	Alice	Morley	Trafford	9	Skill Seekers	97	Neveah	Cavanagh-Sloan	Blackpool	8	Skill Seekers
78	Isabella	Timothy-Adudu	Trafford	9	Skill Seekers	98	Lily	Valiant	Blackpool	8	Pioneers
79	Lexi	McLean	Trafford	9	Skill Seekers						
118	Evie	Brown	Blackpool	9	Skill Seekers						

Starting on Floor

GROUP 4											
PANEL A					PANEL B						
NO.	NAME	CLUB	LEVEL	CATEGORY	NO.	NAME	CLUB	LEVEL	CATEGORY		
66	Gabriella	Orwin	Blackpool	9	Little Leaper	99	Caitlyn	Higginbottom	Blackpool	7	TrailBlazers
67	Freya	Sweeney	Blackpool	9	Little Leaper	100	Blair	Basson	Blackpool	7	TrailBlazers
68	Saffron	Smith	Blackpool	9	Little Leaper	101	Seren	Davies	Border Counties	7	TrailBlazers
69	Isabelle	Temple	Wandsworth	9	Little Leaper	102	Olivia	Graham	Border Counties	7	TrailBlazers
70	Isla	Holgate	Trafford	9	Little Leaper	103	Megan	Parr	Border Counties	7	TrailBlazers
71	Olivia	Grange	Trafford	9	Little Leaper	111	Miley	Alderson	Border Counties	7	Pioneers
72	Susie	Coupes	Trafford	9	Little Leaper	112	Isabel	Miller	Border Counties	7	Pioneers
115	Lois	Johnson	Wandsworth	9	Skill Seekers	113	Ellie	Leslie	Border Counties	7	Pioneers
116	Grace	Clarke	Wandsworth	9	Skill Seekers						

Starting on Rest

GROUP 5											
PANEL A					PANEL B						
NO.	NAME	CLUB	LEVEL	CATEGORY	NO.	NAME	CLUB	LEVEL	CATEGORY		
80	Napapha	Akkersang	Macclesfield	6	Pioneers	114	Macy	Clarke	Blackpool	6	TrailBlazers
81	Beth	Gardner	Border Counties	6	Pioneers	115	Isla	Ibbotson	Blackpool	6	TrailBlazers
82	Dixie	Clarke	Border Counties	6	Pioneers	116	Isla	Orwin	Blackpool	4	TrailBlazers
83	Paige	Manson	Border Counties	6	Pioneers						
84	Erin	Jones	Border Counties	6	Pioneers	117	Alastair	Clarke	Border Counties	6	Pioneers
85	Lucie	Calloway	Border Counties	6	Pioneers						