



CODE OF CONDUCT: PARENTS, CARERS AND GUARDIANS

Version 1.0



Version History

Version	Summary of amendments/changes	Published Date
Version 1.0	Document Created	July 2024
Version 1.2	Added: Gymnast attire and Jewellery	Sep 2024

Contact Information

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As a parent, carer, or guardian of a gymnast, it is important to follow these guidelines to ensure everyone's safety and well-being:

My Rights:

- Ensure that the gymnast is safeguarded during their time in our care.
- Access our policies and procedures at any time.
- Know the contact details of the safeguarding and well-being officer responsible for the gymnasts.
- Be informed about the training and qualifications of our staff.
- Receive information about any problems or concerns.
- Be informed about accidents or injuries and have access to records.
- Provide consent for all activities.
- Have any concerns about the gymnast's welfare listened to and addressed.



My Responsibilities:

- Understand what gymnastics means to the gymnast and respect their wishes.
- Discuss goals and aspirations for participation in the sport, respecting the gymnast's choice.
- Listen when the gymnast expresses unwillingness to participate in something.
- Accept officials' judgments at competitions and refrain from approaching judges or entering restricted areas.
- Maintain positive behaviour while watching, offering only encouragement.
- Be mindful of how my actions and reactions impact those around me.
- Support the gymnast in respecting and celebrating diversity within their sport.
- Use social media responsibly when discussing gymnastics activities.
- Educate the gymnast about sportsmanship and fair play.
- Encourage adherence to rules and codes of conduct.
- Ensure the gymnast understands their responsibilities as a participant in gymnastics.
- As a parent, it is my responsibility to ensure that my child attends classes in the appropriate attire for their activities. This includes wearing suitable gymnastics clothing that allows for safe movement, such as leotards or fitted sportswear. I understand that for safety reasons, no jewelry is permitted during training or competition, with the exception of stud earrings, which are allowed.



As a parent, guardian, or carer of a gymnast, here are my responsibilities:

- Ensure the gymnast has appropriate kit, clothing, and snacks for each session.
- Ensure punctuality for drop-off and pick-up; notify the coach promptly if there are delays or if the gymnast is going home with someone else.
- Complete and update all consent, contact, and medical forms as necessary.
- Maintain a positive and respectful relationship with the coach, acknowledging their expertise.
- Use social media in a constructive and respectful manner. Remember, the safeguarding and wellbeing officer is available to support you and the gymnast.

We expect everyone to adhere to their code of conduct. If any parent's behavior contradicts these guidelines, we will address the issue promptly and aim to resolve it. Persistent concerns or breaches may necessitate following Gymnastics' 3-step system:

- Step 1: Verbal warning
- Step 2: Written warning
- Step 3: Suspension from gymnastics activities.

Immediate suspension may be enforced if the situation warrants it.

Signature of parent/carers/guardian:

Date: