



HEALTH AND SAFETY: POLICY AND PROCEDURE

Version 1.0



Version History

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Introduction

The IGA considers the health, safety, and welfare of all members to be of utmost importance and is committed to ensuring these are never compromised. Accordingly, the IGA's policy is to implement procedures that, as far as reasonably practicable, maintain a safe and healthy environment for its members and for anyone who may be affected by the activities of the IGA and its affiliated clubs and organisations.

Purpose

This policy document outlines the IGA's responsibilities and the minimum standards required of registered clubs, affiliated organisations, and members in accordance with health and safety legislation.

The IGA is dedicated to fostering a positive health and safety culture and ensuring the well-being of everyone involved in the sport. It strives to achieve the highest standards of welfare and expects all clubs and affiliated organisations to collaborate in reaching these objectives.

Scope

Everyone involved in gymnastics has a responsibility to contribute to a positive health and safety culture within the sport. All clubs are required to uphold a duty of care to those affected by their activities and must implement suitable health and safety policies and arrangements.

Gymnastics involves inherent risks due to its complexity. Those providing gymnastics activities should take all reasonable measures to minimise these risks.



Policy

IGA has developed a Health & Safety Management System and Guidance to support clubs and affiliated organisations in meeting their legal obligations. Adhering to this Management System and following IGA's guidance will help minimise the risk of successful negligence claims against clubs or affiliated organisations.

The policy and associated guidance should be thoroughly read and understood by club organisers and any staff responsible for implementing health and safety measures. It is also crucial that everyone involved in running the club—employees, contractors, and volunteers—are aware of these documents and encouraged to familiarise themselves with the guidance. All individuals should receive appropriate information, instructions, training, and supervision regarding health and safety. While clubs and organisations are responsible for establishing proper health, safety, and welfare measures, the effective application and operation of these measures depend significantly on the actions of all individual workers involved.

Procedures

While clubs and affiliated organisations may already have their own policies and procedures, these must meet at least the minimum standards set by IGA.

The right to participate in gymnastics activities in a safe environment and remain free from harm applies to everyone. All members must ensure they are fully informed and compliant with the relevant aspects of this policy.

To meet these requirements, all clubs and affiliated organisations must:

- Adhere to IGA's policies and relevant statutory requirements, as declared during the annual registration process.



- Understand and implement their health and safety responsibilities.
- Identify and assess significant risks, and plan their operations to minimise these risks concerning health and safety.
- Assign health and safety responsibilities to individuals with the necessary skills and experience.
- Provide adequate training opportunities for staff, coaches, instructors, officials, and other volunteers.
- Follow established reporting procedures for any accidents or incidents and notify IGA of any serious allegations or concerns regarding poor practice.

Additionally, all members must:

- Take reasonable care of their own health and safety and that of others who may be affected by their actions or omissions.
- Conduct activities in accordance with their training and IGA's policies and guidance.
- Collaborate with IGA and the relevant Home Country or Regional affiliated organisations and clubs on health and safety matters.
- Adhere to reporting procedures for any accidents or incidents and notify IGA of any serious allegations or concerns regarding poor practice.