



IGA CODE OF CONDUCT

Version 1 - April 2024



Code of Conduct for Staff and Volunteers

IGA is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators, and parents associated with the club should always show respect and understanding for the safety and welfare of others.

Sports clubs should offer a positive experience for children and young people and where they can learn new things in a safe and positive environment.

Staff and volunteers are expected to:

- Ensure the safety of all children by providing effective supervision, proper pre-planning of coaching sessions, always using safe methods.
- Consider the wellbeing and safety of participants before the development of performance.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Have a valid DBS certificate if working closely with children. The DBS certificate should be renewed every 3 years.
- Treat all young people fairly and ensure they feel valued. Have no favourites.
- Encourage all children not to discriminate on the grounds of religious beliefs, race, gender, social classes, or lack of ability.
- Not allow any rough or dangerous play, bullying, or the use of bad language or inappropriate behaviour.
- Appreciate the efforts of all young people and not over-train the young people. Never exert undue influence over performers to obtain personal benefit or reward.
- Be positive, approachable and offer praise to always promote the objectives of the club.



- Not let any allegations of abuse of any kind or poor practice to go unchallenged or unrecorded. Incidents and accidents to be recorded in the line with the club's procedures. Parents will be informed.
- Never use sanctions that humiliate or harm young people.
- Report accidents or incidents of alleged abuse or poor practice to the designated person.
- Administer minor first aid in the presence of others and where required refer more serious incidents to the club "first aider".
- Have access to telephone for immediate contact to emergency services if required.
- Foster team work to ensure the safety of youth members in their care.
- Ensure the rights and responsibilities of youth members are enforced.
- Establish and address the additional needs of disabled participants or other vulnerable groups.
- Not abuse members physically, emotionally, or sexually.
- Not engage in a sexual relationship with a young person for whom they are responsible.
- Maintain confidentiality about sensitive information.
- Respect and listen to the opinions of young people.
- Take time to explain coaching techniques to ensure they are clearly understood.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.



- Be a role model, displaying consistently high standard of behaviour and appearance (disciplined/committed/time keeping), remember children learn by example.
- Refrain from smoking and consumption of alcohol during club activities or coaching sessions.
- Never condone rule violations, rough play or the use of prohibited substances.
- Not spending excessive amounts of time alone with children unless there are exceptional circumstances.
- Never taking children to their home
- Not administering First Aid involving the removing of children's clothing unless in the presence of others.
- Hold appropriate valid qualifications and insurance cover.

And of course the most important part of our code of conduct:

MAKE GYMNASTICS FUN FOR ALL!



Staff and volunteers have the right to:

- Access on-going training and information on all aspects of leading/managing activities for youths, particularly on Safeguarding.
- Support in the reporting suspected abuse or poor practice.
- Access to professional support services.
- Fair and equitable treatment by the governing body/club.
- Be protected from abuse by children/youths, other adult members, and parents.
- Not to be left vulnerable when working with children.

Any minor misdemeanours and general misbehaviour will be dealt with immediately and reported verbally to the designated person. Serious or persistent breach of the code will result in disciplinary action and could lead to dismissal from the club/sport.

Dismissals can be appealed by the coach/volunteer with final decisions taken by the club committee or referred to the governing body depending on the disciplinary procedures within the sport.

Emergency actions and first aid

All coaches, leaders and members should be prepared with an action plan in the event of an emergency and be aware of our First Aid Procedures.

This will include:

- Access to First Aid equipment
- Telephone contact if the participant is a minor
- Telephone contact to the Emergency Services



Code of Conduct for Children and Young People

IGA is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators, and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

Sports clubs should offer a positive experience for children and young people and where they can learn new things in a safe and positive environment.

As a member of IGA, you are expected to abide by the following junior code of practice.

Children and young people are expected to:

- Be friendly and particularly welcoming to new members, let's make your club a fun place to be!
- Be supportive and committed to other team members, offer comfort when required.
- Keep yourself safe at Gymnastics by listening to coaches instructions.
- Report inappropriate behaviour or risky situations to your coach immediately.
- Respect officials and accept decisions.
- Show community spirit by being gracious in defeat and respect all opponents.
- Take care of equipment owned by the club.
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity.
- Refrain from the use of bad language or racial/sectarian references. This includes bullying using new technologies like chat-rooms, texting and social media.



Code of Conduct for Parents and Carers

IGA is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators, and parents associated with the club should always show respect and understanding for the safety and welfare of others.

Sports clubs should offer a positive experience for children and young people and where they can learn new things in a safe and positive environment.

As parents you are expected to:

- Positively reinforce your child and show an interest in their chosen activity.
- Do not place your child under pressure or push them into activities they do not want to do.
- Complete and return all documents that are deemed necessary by the club your child attends. These may include amongst others Registration, Medical and Consent Form for your child's participation within the club they attend.
- Deliver and collect your child punctually before and after sessions/matches/the event.
- Ensure your child has appropriate clothing to gymnastics classes including appropriate clothing to suit the weather conditions.
- Detail any relevant medical concerns or conditions pertaining to their child on the registration/consent form. Any changes in the state of the child's health should be reported to the coach/school/event staff prior to the activity.
- To inform the organiser prior to the activity starting if your child is to be collected early.
- Encourage your child to play by the club's rules and teach them that they can only do their best.
- Ensure that your child understands their code of conduct.



Code of Conduct for Parents and Carers Cont.

- Behave appropriately when attending the club, competitions or events.
- Show appreciation and support the coach/school/event staff.
- Ensure your child is punctual.
- Be realistic and supportive.
- Ensure your child attends gymnastics classes with a water bottle and an appropriate snack if necessary.
- Accept the official's judgment and do not enter the field of play.
- Promote your child's participation in playing sport for fun.

As a parents/carer you have the right to:

- Be assured that your child is safeguarded during their participation in sport.
- Be informed of problems or concerns relating to your children.
- Be informed if your child is injured.
- Have your consent sought for issue such as trips or photography.
- Have access to coach to parent meetings when required to discuss any concerns or progress.
- Have any concerns about any aspect of your child's welfare listened to responded to.



Breaches of the code of conduct

It's crucial for members to grasp the repercussions of violating our code of conduct. Clubs retain the authority to suspend any members, but only after adhering to proper procedures, including holding a meeting and conducting a comprehensive investigation.