



IGA OFFICIAL TEAM EVENTS
2025-2027

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VERSION HISTORY

<i>VERSION</i>	<i>SUMMARY OF AMENDMENTS/CHANGES</i>	<i>PUBLISHED DATE</i>
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Welcome to the official IGA Team Events

This handbook is to be followed by all participants in IGA competitions, as the competition team will use it as a guide to ensure that competitions are run to the highest standard. Our goal is to offer valuable support to clubs, coaches, and officials to ensure the smooth and successful execution of all IGA events.

CONTACT DETAILS - COMPETITIONS@IGAUK.COM

If you have any questions, please don't hesitate to contact our competition team directly. They will respond to your inquiries at their earliest availability. We're here to assist you and ensure you have all the information you need.

COMPETITION STRUCTURE

Team events are a new initiative for IGA and will be trialed in 2025. These events are not bound to a set structure and will be introduced as a bonus addition to the event calendar. Designed with fun and engagement in mind, team events aim to provide a lighthearted and enjoyable experience for children, encouraging participation and teamwork in a friendly and supportive environment.

All Team events will follow our IGA Level rules and all IGA regions are able to participate.

YOU CAN FIND THE LEVEL'S RULES ON OUR WEBSITE UNDER YOUR DESIRED DISCIPLINE.

IGA COMPETITION CODE OF CONDUCT FOR ALL MEMBERS

NEW

CODE OF CONDUCT

Please ensure that all Code of Conduct guidelines are adhered to at IGA events at all times. This applies to gymnasts, spectators, coaches, officials, and spectators. Respectful behavior, sportsmanship, and professionalism are expected from everyone involved. Any breaches of the Code of Conduct may result in disciplinary action, including removal from the event or future IGA competitions. By following these guidelines, we can maintain a positive and safe environment for all participants.

[CLICK HERE TO VIEW THE CODE OF CONDUCT POLICY](#)



COMPETITION ENTRIES

IMPORTANT INFORMATION:

NEW

All competitions entries must be submitted via the online portal within the entry and closing date. This includes Gymnasts, Coaches, Judges and Volunteers. Excel entries will not be accepted.

STEP BY STEP GUIDE:

NEW

We have provided Step by Step guides on our Youtube for using justGo - [Click here to Visit.](#)

COMPETITION ENTRY COSTS:

TEAM EVENTS:

£40.00 per gymnast - All 4 pieces must be competed for this Event.

COMPETITION ENTRY LIMIT:

Clubs can enter as many team's as they wish, Ensuring that the lead coach of that group is a minimum Level 2 or above ensuring that all skill levels are covered under the coaches qualification.

COACH TO GYMNAST RATIO:

NEW

Clubs are required to provide a sufficient coaching team based on the number of gymnasts entered. When using two different panels all gymnasts following the same Team guidelines will be judged under the same panel, this enables fairness for all involved.

LATE ENTRIES:

NEW

Unfortunately we are no longer able to accept late entries due to administrative work with our IGA Partners that may be in attendance. Once the deadline has closed, no more updates or changes can be made.

JUDGE ENTRIES:

NEW

Judges must be that entered on the portal, for every team entered a Judge must be provided. JustGo will not allow you to complete your entry without the Judges being provided. If you require a Judge to Judge on your behalf, ensure they are connected to your club to be added to the entry form.

COMPETITION EDITS:

NEW

When registering your gymnasts for a competition through the portal, each club will have the ability to edit your competition team entries up until the closing date by clicking 'My Bookings' when in the Events and Courses section. After the event registration closes, no further edits can be made, so we advise all clubs to ensure all entries are final and accurate.

COMPETITION ENTRIES CONTINUED

FLOOR MUSIC:

Music must now be uploaded as an MP3 during competition entry process, cannot be changed afterward, and must be clearly labeled with the gymnast's full name and club. Please also ensure a spare copy is brought to the event.

Please upload your Music *

Drag file(s) here or click to upload

The music must be a maximum of 1 minute 30 seconds long and not contain words or lyrics, However human sounds are permitted, as long as they are not spoken or sung words.

The gymnasts music must not violate any copyright music rights. Original Disney and Cique De Soleil music is not permitted, However re-makes that are available from Floor Music creators are accepted.

HELPFUL INFORMATION

Incorrect music will result in a 1.00 deduction. If you're unsure regarding music, please contact competitions@igauk.com and we can help.

COMPETITION ENTRIES AND EVENT PLAN

Our IGA event plans include specific timelines that we must meet to ensure a successful and well-organised competition. These timelines will be followed to the best of our ability.

6 WEEKS PRIOR

Entries will open on the portal for two weeks. You can edit and view your entries within this time period. Please ensure all details are correct.

4 WEEKS PRIOR

Entries will close. And the competition organiser will begin planning the Event Plan. IGA will notify Partners of their requirements.

4 - 2 WEEKS PRIOR

Event Plans will be sent to all clubs, including allocation of Judges, We kindly ask clubs notify us of any mistakes or errors.

2 WEEKS PRIOR

Final Event Plan will be added to the website under competitions and programmes, Spectator tickets will now go live on the website.

EVENT PHOTOGRAPHY:

We kindly ask that all clubs clearly state if they any participants are unhappy for their gymnasts to be filmed and photographed whilst at an IGA Event. Our marketing team may be in attendance and will be launching live streams and social content. Whilst efforts will be made to respect the privacy preferences of individuals, it may not be possible to accommodate everyone's preferences.

Spectators are able to take photography or film, However these cannot be sold for commercial use and must not use flash photography at any IGA Event.

All mobile phones must be set to silent while on the competition floor. Video content can be taken of your own club with the agreement of the gymnasts right to be filmed.

Please note high quality photo's provided by our contracted Photography company may be used on our official IGA website and social media platforms.

COMPETITION RULES

IGA Clubs and Club Administrators are expected to uphold specific responsibilities when participating in an IGA competition. This includes ensuring that all entries are accurate, adhering to competition rules, and following the Code of Conduct. Clubs must also ensure that gymnasts, coaches, and supporters are well-informed and prepared to represent their club in a positive and professional manner.

QUALIFIED COACHES

NEW

Clubs and Club Administrators are responsible for ensuring that all coaches attending IGA competitions hold the appropriate qualifications for the skills being performed. A minimum qualification of Level 2 is required to assume responsibility for a group of gymnasts. Additionally, all coaches must hold a current, valid DBS check and IGA membership. As all coaches must be added on the IGA JustGo portal, if you do not meet these requirements, you will not be able to book onto the competition as a coach.

Coaches not booked onto the portal cannot attend an IGA Event.

CLUB AFFILIATION

Clubs and Club Administrators must ensure the club entering the competition has active IGA Affiliation.

VOLUNTEERS

NEW

We offer various volunteer roles for clubs to participate in and help ensure the smooth running of the event on the day. Your involvement is highly valued, and we greatly appreciate any support you can provide. If you are interested in volunteering, please select the role you would like to take part in on the registration form.

WITHDRAWALS & REFUNDS

Refunds for entry fee's are only made in the event of an injury, and a valid medical note must be provided as evidence. In all other cases, entry fee's are non-refundable

GYMNAST NUMBERS

Clubs will be responsible for ensuring all gymnasts have registered and collected their designated number. Please note these numbers are property of IGA and must be returned to the Judges after your last competitive piece of apparatus. Failure to return property of IGA may result in a replacement charge applied to the club.

GYMNASTS RIGHTS **NEW**



The inclusion of Gymnasts' Rights in the competition handbook reflects our commitment to fostering a safe, respectful, and supportive environment for all athletes. By clearly outlining these rights, we aim to empower gymnasts, ensuring they understand their entitlements regarding safety, fair treatment, and the freedom to express their concerns.

Have their performance judged correctly, fairly, and in accordance with the stipulations of the Code of Points.

Repeat their entire exercise (without deduction) by approval of the head office or competition organiser.

1. if the exercise has been interrupted for reasons beyond their control or responsibility (technical error in music caused by IGA).
2. if a handguard (grip) is significantly torn causing a fall, or interruption. The gymnast must immediately show the broken handguard (grip) to the Head Judge before leaving the podium in order to receive permission to repeat the exercise.

Briefly leave the competition hall for personal reasons.
Note: The competition may not be delayed through the absence

Use magnesium on Uneven Bars and to make small markings on the Balance Beam.

Have the one spotter for all Beam and Uneven Bar dismounts (without deductions).

Have the one spotter for Transition Skills on Uneven Bars (without deductions).

Rest or recuperate for up to 30 seconds following a fall from the UB and 10 seconds following a fall from BB (without deduction).

Confer with their coach during the time available to her following a fall from the apparatus, and between the first and second vault.

Request permission to raise both bar rails (UB), if their feet touch the mat during the exercise, according to the most recent Apparatus Norms. Distance cannot be changed except for small gymnasts performing transition skills.

Allow mats to be used during warm up for D Element Skills. Double Tucks are all allowed a 10cm mat. Level 10, 9 & 8 Mini Marvels and Little Leapers must have 30cm mats underneath Beam.

JUDGES RIGHTS **NEW**

Judges are entitled to work in a respectful environment free from harassment or undue pressure from coaches, gymnasts, or parents.

Judges have the right to evaluate each gymnast's performance fairly and impartially, based on the established scoring criteria and guidelines.

Judges have the authority to stop a performance if they believe a gymnast's safety is at risk due to equipment issues, unsafe conditions or notify the safeguarding officer for concerns regarding the gymnast's performance.

Judges have the right to withdraw from judging if they feel that they cannot remain impartial due to personal bias, conflicts of interest, or external pressures.

COACHES RIGHTS **NEW**

The Coaches' Rights section in the competition handbook is included to ensure that all coaches are treated with fairness, respect, and professionalism during competitions. This section outlines their entitlements, such as having access to clear competition guidelines, being able to advocate for the safety and well-being of their athletes, and receiving appropriate support from competition organisers. By defining these rights, we aim to create an environment where coaches can perform their roles effectively, make informed decisions, and foster a positive experience for both gymnasts and themselves throughout the competition.

Assist the gymnast or team under their care on the competition floor during the warm-up period on all apparatus.

Help the gymnast or team prepare the apparatus for competition:

1. VT, UB and BB to prepare the springboard and position the supplementary landing mat.
2. VT to prepare the safety collar.
3. UB to adjust and prepare the UB rails.

Be present on the competition floor to remove the springboard on UB and BB

Be present at UB during the gymnast's exercise for reasons of safety – it can be the same or a different coach who removes the springboard.

Assist or advise the gymnast during the intermediate fall time period on all apparatus, and between the first and second vault.

Be present at all apparatus to help in case of injuries or defects of the apparatus.

Submit a score Inquiry to the IGA Superior Jury concerning the evaluation of the content of the exercise (D-score) of the gymnast. The Superior Jury will be the IGA Office Team Member present at IGA Events.

COMPETITION ORGANISER RIGHTS **NEW**

The rights of the competition organiser are essential for ensuring that events run smoothly and efficiently. Organisers have the right to establish and enforce rules, regulations, and guidelines that govern the competition, ensuring a fair and safe environment for all participants. They also have the authority to make decisions regarding scheduling, venue management, and the overall structure of the event.

To call and chair all judges' meetings and instruction session, with the head office present.

To make sure that the time schedule published in the Workplan is respected.

Organisers can create and modify the event schedule as needed, including session times, warm-up periods, and competition order, to optimise the flow of the event.

Organisers have the authority to manage the competition venue, including the setup, safety measures, and any necessary adjustments to accommodate participants and spectators.

Organisers only have the authority to handle competition inquiry requests in the absence of an IGA Head Office member.

IGA HEAD OFFICE RIGHTS

NEW

A member of the head office will always be present at IGA competitions to ensure that the event runs smoothly and fairly for all participants. Their role is to act as an impartial representative who is unattached to any specific club, allowing them to provide a balanced perspective on all aspects of the competition. This presence not only helps maintain a level playing field but also ensures that the event adheres to IGA guidelines and standards. By having a dedicated head office member on-site, we aim to foster an inclusive and supportive environment for all athletes, coaches, and spectators, ultimately enhancing the overall experience of IGA events.

To supervise the overall technical direction of the competition including Judges and Coaches meetings.

At every IGA gymnastics competition, the head office holds the right to manage all score requests submitted to the head table. This process ensures that any inquiries regarding scores are handled efficiently and transparently. Each score request will be thoroughly investigated, and a written explanation will be provided to the coach to clarify any concerns.

The head office has the authority to investigate any disputes or concerns raised during the competition and provide clear resolutions.

The head office can monitor compliance with athlete eligibility requirements, ensuring that all competitors meet the necessary standards.

The head office is responsible for ensuring that all safety protocols are followed, maintaining a safe environment for athletes and spectators.

The head office holds the final authority on all decisions related to the competition, including the handling of protests and appeals.

The Scorer at the competition have the right to a scoring table that is not interrupted at any point during the event. Any disruptions can lead to mistakes in scoring and affect the overall integrity of the competition.

COMPETITION RULES CONTINUED

INTENTION SHEETS

Coaches are tasked with the duty of arriving at the IGA competition well-prepared with intention sheets for the judges. It is crucial that these intention sheets are accurate, aligned with the gymnast's routine, and presented in a clear and concise manner, ensuring that the judges can efficiently assess the performance without overlooking any significant skills.

Failure to provide an Intention sheet will only result in 1.00 penalty being deducted from the Gymnast's final score. We do not like to penalise children, for adult errors, so please ensure you have these at our Events.

SCORE CHALLENGES

NEW

In the event of a coach requiring to challenge a score. It is required for coaches to submit the score challenge to the competition organiser before the end of the final rotation. Coaches must not approach the judging table and must approach the head office team member. A £5 cash fee will be required to be paid for all score challenges, this will be refunded if the challenge is upheld. A written explanation will be given to the coach upon investigation. Video or Photo's cannot be used as evidential material. Please note that the decision of the head office member or competition organiser regarding the score challenge is final, once a competition is complete a score cannot be contested.

SAFETY RULES

EQUIPMENT

We follow FIG Guidelines on equipment at all Events, the only height changes applicable to the competition are the vault heights which are set by the technical team and UB heights upon request. All equipment is quality checked by the competition team before an event has started.

FIRST AID KITS

It is the coaches responsibility to ensure they attend all IGA events with a first aid kit on hand to address any minor injuries. Our officials will provide a first aider at every IGA event. Accidents at an IGA event will be documented.

GYMNAST SAFETY

Coaches must be responsible for the safety of their gymnasts, we are allowing coaches to stand under the Uneven Bars, Vault & Beam Dismounts. Coaches however must not stand on the floor unless spotting a Level 4 Skill. I.E Double Tuck. Direct spotting during a competition routine will incur a judging penalty.

To encourage the safety and protection of Gymnasts, IGA are happy for gymnasts to wear coloured limb supports during competition and will receive no penalty. Please ensure gymnasts are fit and healthy up to two weeks before to be competing at IGA Competitions.

SAFEGUARDING

NEW

Our Senior Safeguarding Officer may attend some competitions to ensure the safety and well-being of everyone involved. This presence is part of our ongoing commitment to maintaining a secure and supportive environment for all participants, coaches, and spectators within the IGA community.

COMPETITION ATTIRE

APPROPRIATE DRESS CODE

Please ensure all participants, Coaches, Officials and Gymnasts are wearing the appropriate dress code. Leotards can be worn with or without sleeves. Underwear on show must match the gymnast's skin tone, or as close as possible, failure to do so will receive a 1.00 penalty from the final score. Gymnasts are allowed to wear shorts during competition, however these must be plain gymnastics shorts and unbranded.

ALTERNATE COMPETITION ATTIRE

Gymnasts may wear alternate competition attire based on their faith or religion, including head coverings. The club will be responsible for assessing any potential risks and take appropriate safety measures.

GYMNAST JEWELLERY

Following FIG guidelines, only studs are allowed to be worn at competitions.

COACH/GYMNAST HAIR

At IGA we require all long hair to be tied back for all participating/coaching.

JUDGES ATTIRE

Judges are required to wear IGA T-shirts during IGA competitions. This is to enable clear indication on who the Judges are at competitions. We will have several sizes available for borrowing; however, if you prefer to purchase your own, you are welcome to do so via the JustGo online shop.

In 2025, all Judges who attend an IGA Course will be given an IGA T-Shirt for future competitions.

IGA OFFICIALS

All IGA officials on site will be easily identified should you require their support at any point as they will be in attendance in their IGA uniform.

IGA AWARDS

REGIONAL & NATIONAL AWARDS

Team Medals will be awarded for 1st Place 2nd Place and 3rd Place.
Overall Trophy will be awarded to the winning team.

MEDAL CEREMONIES

In instances where age groups are spread across multiple rounds, IGA will announce the top three teams. Those who do not place in the top three teams do not require to stay, this is at their own discretion.

NEW

When the scoring is being calculated please refrain from approaching the scoring table. The scorer requires full concentration in order to complete correct scoring results.



TEAM GUIDELINES

Please ensure these are followed correctly.

COMPETITION TEAMS

JUNIOR TEAM SET UP

To enter a junior team for the event you must have the following gymnasts, Each gymnast must be competing the same Level and be participating in all 4 pieces of equipment

Each team must comprise of:

- 1 x Level [Number] Mini Marvels
- 2 x Level [Number] Little Leapers
- 2 x Level [Number] Skill Seekers
- 1 x Level [Number] Trailblazers

SENIOR TEAM SET UP

To enter a senior team for the event you must have the following gymnasts, Each gymnast must be competing the same Level and be participating in all 4 pieces of equipment

Each team must comprise of:

- 2 x Level [Number] Skill Seekers
- 2 x Level [Number] Trailblazers
- 2 x Level [Number] Pioneers

*Please note that you cannot have a senior team in Level 10.

NEW

JUDGES PANELS

To facilitate efficient and fair judging, each panel will consist of one Head Judge from the D Panel, responsible for ensuring that all skills are counted and included in the routine, as well as overseeing execution. The E Panel will focus solely on the execution of the routines. This keeps deliberation to a minimum and allowing a more streamlined event.

HEAD JUDGE:

Decides on Difficulty Value & Execution

E PANEL JUDGE:

Focuses solely on execution.

WHEN IN DOUBT, GIVE BENEFIT OF THE DOUBT TO THE GYMNAST!