



IGA CLUB JUGDES

RESOURCE BOOK

Version 1 - April 2024

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General Faults

FAULTS <small>*deductions apply each time.</small>	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Bent arms OR Bent knee's	✔	✔	✔	
Leg OR Knee separations	✔	✔	✔	
Legs crossed during twist	✔			
Insufficient height of elements	✔	✔		
Insufficient exactness of tuck or pike position	✔	✔		
Attempt without performance of an element		✔		
Deviation from a straight line	✔			
Feet not pointed/relaxed	✔			
Insufficient split in acro elements	✔	✔		
Performance of DMT too close to the apparatus (UB & BB)		✔		
LANDING FAULTS <small>*If there is no fall the maximum landing deduction may not exceed 0.80</small> <small>All elements including dismount</small>				
Legs apart on landing or steps (slight hop)	✔			
Extra arm swings	✔			
Lack of balance	✔	✔		
Very large step or jump		✔		
Deep squat			✔	
Brushing/touching apparatus/mats with hands, but not falling		✔		
Fall - on mat to knees or hips/on or against apparatus/failure to land feet first				✔

General Faults				
APPARATUS FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE
Spotting assistance (help)				✓ 1.0 each
Landing outside border markings	✓ One Foot	✓ Two Feet		
Changing height of apparatus without permission			✓	
Remounting equipment after the exercise is over			✓	
Incorrect use of magnesium and/or damage to the apparatus		✓		
Failure to properly use safety collar for round-off entry vaults	Invalid Vault - Gymnast must use safety collar - inform organiser			
Use of copyrighted music				✓
Use of unpermitted supplementary mats			✓	
For interruption of the exercise due to a fall from the apparatus an intermediate time period of 30 seconds is allowed.				

Penalties of Coach Behaviour

Unsportsmanlike conduct (valid for all phases of the competition)	1st time – Yellow card for coach (warning)
	2nd time – Red card & removal of coach from the competition and/or training hall*
Behaviour of Coach with direct impact on the result/performance of the gymnast/team	1st time – 0.50 (from gymnast/team at event) and Yellow card for coach (warning)
	1st time – 1.00 (from gymnast/team at event) and Yellow card for coach (warning) if coach speaks aggressively to active judges

NOTE: If one of two coaches from a team are dismissed from the competition inner circle, it is possible to replace that coach with another coach one time in the entire competition (e.g. Qualification).





Penalties of Gymnast Behaviour

FAULTS	SMALL	MEDIUM	LARGE	V. LARGE
*deductions apply each time.	0.1	0.3	0.5	
Unsportsmanlike Conduct			✓	
Speaking to active judges during the competition			✓	

Element Recognition

FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
Insufficient Split in leaps	0.1	0.3	0.5	1.00 OR MORE
When there is NO stretched position shown it is considered pike position in:	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
If split is MORE than 0.5 deduction and is classed as VM - Downgrade skill where possible.				
If in Pike salto knee angle is less than 135°	Non-twisting elements UB, BB and FX			
Pike in hips in stretched salto [Vault]	Credit Tuck salto			
Pike in hips in somersault	Credit Pike salto			
Element landing feet first	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Element not landing feet first	<input checked="" type="checkbox"/> Credit Difficulty Value			
Spins & Turning Jumps/Leaps	No Difficulty Value credited			
	The position of the shoulders and hips are decisive otherwise another element from the COP will be credited.			

HELPFUL POINTS

 <p>Catleap with/without turn</p> <p>Requirements: Legs alternation Knees above horizontal</p> <p>Execution: One/both legs at horizontal: 0.1 One/both legs below horizontal: 0.3</p>	 <p>Wolf Jump with/without turn</p> <p>Requirements: Hip angle - less than 90° Extended leg above horizontal</p> <p>Execution: Extended leg at horizontal: 0.1 Extended leg below horizontal: 0.3</p>	 <p>Straddle Jump with/without turn</p> <p>Requirements: Both legs must be above horizontal</p> <p>Execution: Incorrect (uneven) leg position: 0.1 Legs at horizontal: 0.1 Legs below horizontal: 0.3</p>
 <p>Split Leap with leg change</p> <p>Requirements: Free leg swing minimum 45° Swing with straight free leg</p> <p>Execution: Free leg swings less than 45°: 0.1 Free leg bent: 0.1/0.3</p>		

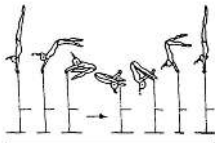
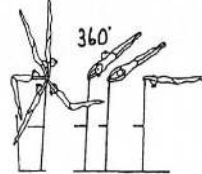
Bars

FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE

Handstand position is considered reached when all body parts are aligned in vertical.

Body Shape Deductions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
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Elements will be credited in compliance with IGA Requirements. Cast's below the requirement will be downgraded where possible.

<p style="text-align: center;">Circle Elements to Hstd without turns & HB to handstand on LB</p>  <p>Execution: > 10° - 30° - 0.10 > 30° - 45° - 0.30 > 45° - 0.50</p>	<p style="text-align: center;">Swings – elements with turns:</p>  <p>Execution: > 10° - 30° - 0.10 > 30° - 45° - 0.30 > 45° - 0.50</p>	
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Hit on apparatus with feet			<input checked="" type="checkbox"/>	
Insufficient extension in kips	<input checked="" type="checkbox"/>			
Empty swing and intermediate Swing			<input checked="" type="checkbox"/>	

Vault

Additional run approaches are permitted as follows, with deduction of – 1.00 for empty run (if gymnast has not touched the springboard or the apparatus).

When 1 vault is required, a second run approach is permitted with deduction.	Third approach not permitted.
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When 2 vaults are required, a third run approach is permitted with deduction.	Fourth approach not permitted.
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Beam

FAULTS *deductions apply each time.	SMALL	MEDIUM	LARGE	V. LARGE
	0.1	0.3	0.5	1.00 OR MORE

The evaluation of the exercise begins with the take-off from the board or the mat.

*A gymnast is permitted a 2nd attempt to mount (with a penalty) if she has not touched the springboard or the apparatus
Deduction – 1.00 - A third attempt is not permitted.*

Grasp of Beam in order to avoid a fall				
Additional movements to maintain balance				

Floor

One step or landing outside of the boundary with a foot or hand				
Step(s) outside with both feet, both hands or a body part or landing with both feet outside				

Gymnasts do not get a second attempt at a Floor Routine, even if there is a technical issue.